

**Program Purpose:**

To promote quality mental health care for adolescents.

**Target Audience:**

Foster parents of adolescents, residential facility staff

Division of Youth Services Service Coordinators

Children's Service Workers  
(with Children's Services Division)

Public Health and Mental Health Professionals

School personnel (counselors, social workers, nurses, educators)

**Credit for Training:**

A certificate of training will be offered. Every attendee will receive a certificate of attendance for five contact hours. These contact hours will be considered in-service training hours for foster parents.

Missouri Department of Health and Senior Services  
Division of Community Health  
Healthy Communities and Schools Unit  
P.O. Box 570  
Jefferson City, MO 65102-0570

# Mental Health Issues in Adolescence



*Sponsored by the  
Missouri Department  
of Health and  
Senior Services,  
Missouri Department of  
Social Services,  
and  
Children's Mercy  
Hospitals & Clinics*

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P.O. Box 570  
Jefferson City, MO 65102-0570

An equal opportunity/affirmative action employer:  
Services provided on a nondiscriminatory basis.

# Mental Health Training Sessions

## Dates and Locations

- **Wednesday, April 6, 2005 - Hannibal, MO**  
Quality Inn & Suites Conference Center  
120 Lindsey HWY 36
- **Wednesday, April 20, 2005 - Rolla, MO**  
Comfort Suites  
1650 Old Wire Road
- **Wednesday, May 4, 2005 - St. Joseph, MO**  
Stoney Creek Inn  
Woodbine Road

## Presenters

Melissa Lawson, MD  
Adolescent Medicine  
University of Missouri - Columbia

Daryl Lynch, MD  
Adolescent Medicine  
Children's Mercy Hospitals & Clinics - Kansas City  
State Adolescent Medicine Consultant

Chris Ohlemeyer, MD  
Adolescent Medicine  
Cardinal Glennon Children's Hospital - St. Louis

Patti Van Tuinen, M.Ed., CHES  
State Adolescent Health Coordinator  
Missouri Department of Health and Senior Services

## Agenda For All Sessions

8:15-9:00	Registration
9:00-9:15	Welcome
9:15-9:45	Presentation <i>Adolescent Nutrition, Eating Disorders and Manipulative Eating</i>
9:45-10:00	Break
10:00-10:30	Presentation <i>Adolescent Depression and Suicide</i>
10:30-11:45	Interactive Discussions
11:45-1:00	Lunch (on your own)
1:00-1:30	Presentation <i>This is Normal! Adolescent Growth and Development</i>
1:30-1:45	Break
1:45-2:15	Presentation <i>Attention-Deficit/Hyperactivity Disorders in Adolescents</i>
2:15-3:30	Interactive Discussions
3:30-3:45	Closing/Evaluations

## Learners Objectives

Learners will recognize the common physical and emotional signs of anxiety disorders and treatment in teens.

Learners will describe the medical consequences of disordered eating in the adolescent age group and possible interventions.

Learners will recognize which teens are at risk for developing depression and attempting suicide.

Learners will be able to determine developmentally sensitive treatment modalities available for adolescent ADHD, including multi-modal intervention.

## Mental Health Issues in Adolescence Registration Form

All sessions are **FREE**, but pre-registration is required.

*Enrollment limited to the first 60 persons who register.*

Each participant who pre-registers will receive a notebook, "When Being a Good Parent or Teacher Is Not Enough", Volume III.

**Please select the training date/location you will be attending:**

\_\_\_\_\_ April 6, 2005-Hannibal

\_\_\_\_\_ April 20, 2005-Rolla

\_\_\_\_\_ May 4, 2005-St. Joseph

Name \_\_\_\_\_

Title \_\_\_\_\_

Mailing Address \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_



Registration can be completed online at

[www.dhss.mo.gov/MHRegistration.html](http://www.dhss.mo.gov/MHRegistration.html)

or by mailing to:

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Division of Community Health  
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If you have special needs, as described by the Americans with Disabilities Act, please contact the Missouri Department of Health and Senior Services Division of Community Health at 573-751-6212 at least two weeks in advance. All reasonable efforts will be made to accommodate your needs.